



# REPORT ON COVID RELIEF PROGRAM



**The Veerni Project**

## VEERNI'S RESPONSE TO THE PANDEMIC OF COVID-19

At Veerni, we have always been highly aware of our responsibility towards the nation and are committed to provide all possible support to India's response to the COVID-19 challenge in the domain of disability.

Over the years Veerni has worked in some 45 villages. Because of the Veerni Institute, the project is still connected with most of those villages.

At this critical time Veerni is temporarily adapting its services to help ensure access to food and health care until the girls can go back to school and continue their education.

Veerni have been providing guidance and awareness to the villages so that they can stay safe. The immediate priorities will be to ensure awareness and understanding of the Coronavirus and to develop guidelines and training on protection against COVID-19. We believe in taking measurable steps to tackle the urgent need of the hour and our response to the pandemic is also built around this approach.

Veerni Sansthan takes this opportunity to thank **Donor** organizations for their immediate and unconditional financial support. Because of them, we are able to distribute Hygiene Kits to the Veerni girls and other rural girls.

**Hygiene Kits:** Veerni has been distributing Hygiene kits to all Veerni girls, and deprived ladies in the villages. Below items were contained in the Hygiene kit:-

### HYGIENE KIT ITEMS

Hand sanitizer – 1

Sanitary Napkin – 1 Package

Washable Masks – 2

Bathing soap 4

Laundry soap – 4

Information leaflet and carry bag – 1



Veerni also supported families of the Veerni villages where necessary and make sure that families are not going hungry. One of the consequences of the lockdown in India can be a lack of access to food.

**Food Kits:**The Veerni team distributed food kits to destitute and needy families in the villages. Whenever the Veerni team finds any such family who lacks basic food, the kit containing the below mentioned items is given out:-



To take a virtual tour of the "Covid Relief Program"; click here.  
<https://www.youtube.com/watch?v=OnEBNLdaBEc>

## FOOD KIT ITEMS

Rice – 5 Kg

Oil – 1 (1.5 liter)

Green Pulses – 2 Kg

Indian Spices (3 types) – 3 Kg

Salt – 3 Kg

Jiggery – 2 Kg

## HEALTH OUTREACH PROGRAM:

There are 110 Veerni girls coming from 63 villages of the Jodhpur district. The Veerni team visited these 63 villages on a regular basis. The team is divided into two sub teams with both the matrons and Veerni nurses along with two other staff. They leave every morning to visit the villages. Apart from distributing study materials to the Veerni girls, the Veerni team visited villages to ensure understanding and awareness of Covid-19 amongst villagers so that people know how to keep themselves and their families safe. Veerni team has been providing general information about Covid-19; actions to prevent the spread of the virus; what to do if you become unwell or suspect someone has the virus; how to engage and support community members. Veerni distributed information leaflets to the villagers and shared health advice and information.

The following important points have been discussed by the Veerni team with the villagers to make them aware about the symptoms of the virus so that they can take proper precautions to prevent the infection of the virus:

- Coronavirus symptoms can take five to six days to appear; however, it can take up to 14 days as well.
- The most common symptoms include fever, dry cough and tiredness. Less common symptoms of Covid-19 disease are aches, sore throat, diarrhea, conjunctivitis and loss of taste and smell.
- One should seek immediate medical attention if he/she develops serious symptoms such as difficulty in breathing or shortness of breath, chest pain and loss of speech or movement.
- Older people and those with underlying medical problems like high blood pressure, heart and lung problems, or diabetes are at higher risk of developing serious illness. However, anyone can catch Covid-19 and become seriously ill.

# Picture Gallery – COVID Relief















**COVID RELIEF PROGRAM**

